

Arbonne Healthy Living Drinks

For all drinks you will need a small hand blender or milk frother to make sure protein gets blended properly. Adjust water or liquid to taste.

Protein Hot Chocolate

- 1 cup Unsweetened Chocolate Almond Milk
- ½ cup Boiling water
- 1-2 scoops of Chocolate protein
- ½ tsp cinnamon

Protein Chai Tea

- Green Chai Tea
- Boiling water
- 1 scoop vanilla protein
- ½ tsp cinnamon
- ¼ cup warmed unsweetened almond or coconut milk

Cinnamon Herbal Tea

- Arbonne Herbal Tea
- 1 scoop vanilla protein
- ½ tsp cinnamon
- ¼ cup warmed unsweetened almond or coconut milk

The Green, Fibre Fizz

- Big glass of cold water
- 1 scoop Arbonne greens
- ½ scoop Arbonne Fibre Boost
- ½ pack of fizz